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# African Dance Trends (Dance And Fitness Trends) (Dance & Fitness Trends)



## Synopsis

This contemporary title explores African dance trends in today's health-oriented world. The teenage reader is exposed to the health and fitness perspective of African dance, African regional differences, dance meanings, and history, and is encouraged to draw conclusions as to the appropriateness of the activity in his or her life. Safety issues are presented where appropriate. The African Dance Trends title has been developed to encourage teens to analyze the information and satisfies many of the Common Core specific goals, higher level skills, and progressive strategies for middle grade and junior high level students.

## Book Information

Series: Dance & Fitness Trends

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## Customer Reviews

Tammy Gagne is the author of numerous books for adults and children, including Trends in Martial Arts and We Visit South Africa for Mitchell Lane Publishers. She resides in northern New England with her husband and son. One of her favorite pastimes is visiting schools to speak to kids about the writing process.

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